

ANTERIOR SPINE TRUSS SYSTEM





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Proper surgical procedure and technique are the responsibility of the medical professional. The following guidelines are furnished for information purposes only. Each surgeon must evaluate the appropriateness of the procedure based on his or her medical training and experience. Prior to use of the system, the surgeon should refer to the product's Instructions For Use (IFU) for complete warnings, precautions, indications, contraindications and adverse effects. IFUs are available by contacting 4WEB MEDICAL, +1 (800) 285-7090.



TRUSS IMPLANT TECHNOLOGY OVERVIEW

4WEB Medical's truss implant technology leverages multidisciplinary engineering principles such as truss design, load transfer and adjacent material reaction to produce orthopedic implants that provide structural support with open space throughout the implant for bone growth and fusion.

The Anterior Spine Truss System (ASTS) contains three footprints in a variety of heights and lordotic angles to accommodate the patient's anatomy. It is not intended to be used as a stand-alone device and must be used with supplemental fixation. The ASTS implants are provided sterile.

Sizers and instruments are provided non-sterile and require sterilization prior to use.



The ASTS implant family contains three implant footprints (Small, Medium, and Large) with multiple heights and lordotic angles. Please refer to pages 12-13 for implant and sizer part numbers and dimensions.

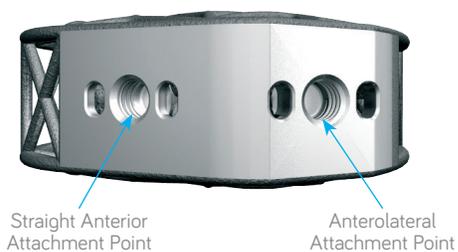
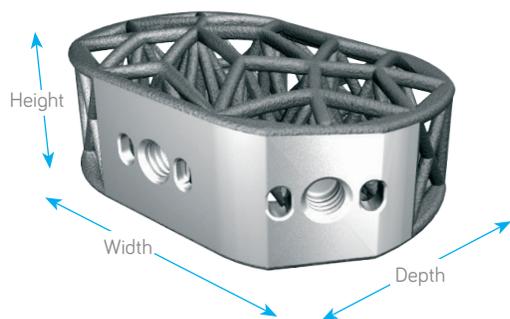


Fig. 1

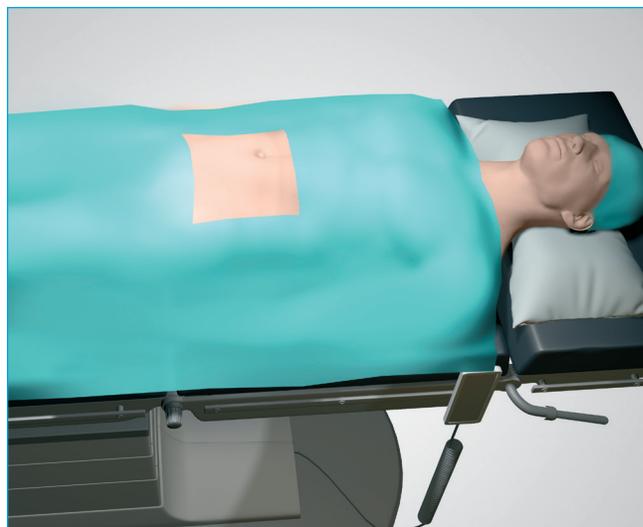


Fig. 2

1: PRE-OPERATIVE PLANNING

Pre-operative planning with radiographs and other advanced imaging modalities can be helpful in estimating the appropriately sized implants with the goal of restoring disc height and fractional lordosis.

Determine the surgical approach based on the surgeon's preference (straight anterior or anterolateral) (**Fig. 1**). Implants and sizers are equipped with straight and offset instrument orientations.

NOTE: Implants and sizers utilize the same inserter.

2: PATIENT POSITIONING

Place the patient in the supine position on the operating table with the lumbar spine in neutral to slight extension (**Fig. 2**).

Fluoroscopy can be utilized to aid with patient positioning.

NOTE: At times you may want to break the table in order to gain better access to the operative level(s), particularly when treating L5/S1.

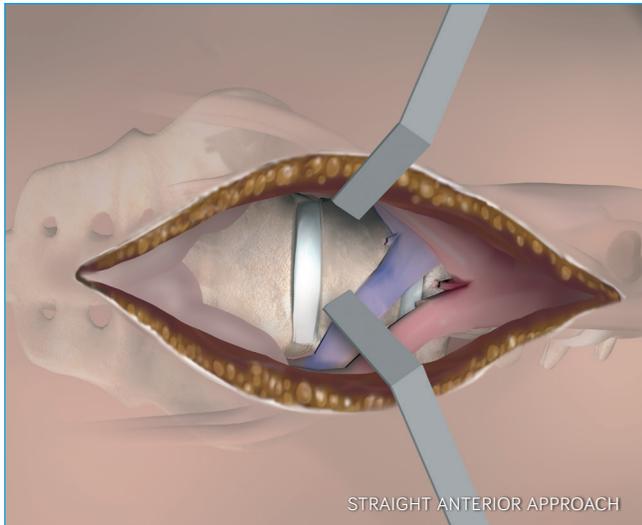


Fig. 3a

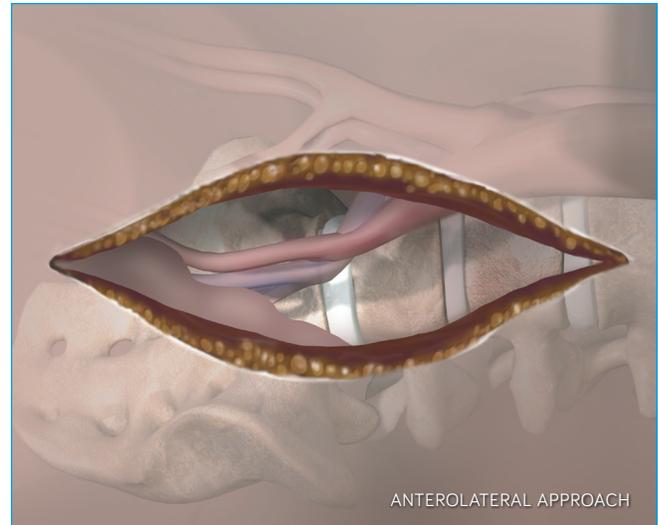


Fig. 3b

3: ACCESS AND EXPOSURE

Locate the correct operative level under fluoroscopic guidance. A lower abdominal transverse incision, left vertical paramedian incision, or other appropriate incision is made depending on the exposure necessary to access the operative level(s) (*Fig. 3a or 3b*).

Once the operative level(s) have been exposed, confirm the centerline of the affected level(s) with fluoroscopic imaging.

NOTE: Any bone removed during access and exposure may be used for autologous graft packing.

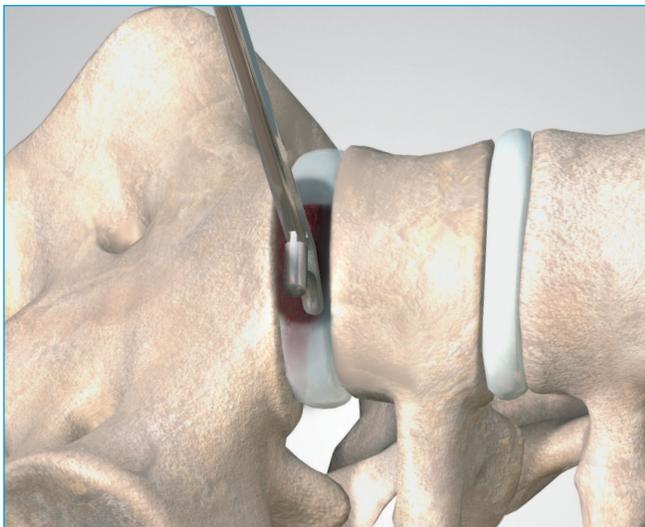


Fig. 4

4: DISCECTOMY AND ENDPLATE PREPARATION

Perform an annulotomy and subsequent anterior lumbar discectomy within the constraints of the operative window (**Fig. 4**).

Remove the superficial layers of the cartilaginous endplates down to bleeding bone while trying to avoid compromising the integrity of the bony endplates.

Additional distraction may be applied as desired to increase visualization.

NOTE: Appropriate cleaning of the endplates is important to provide blood flow to the autologous bone packed inside the implant. Excessive cleaning, on the other hand, can weaken the endplates.

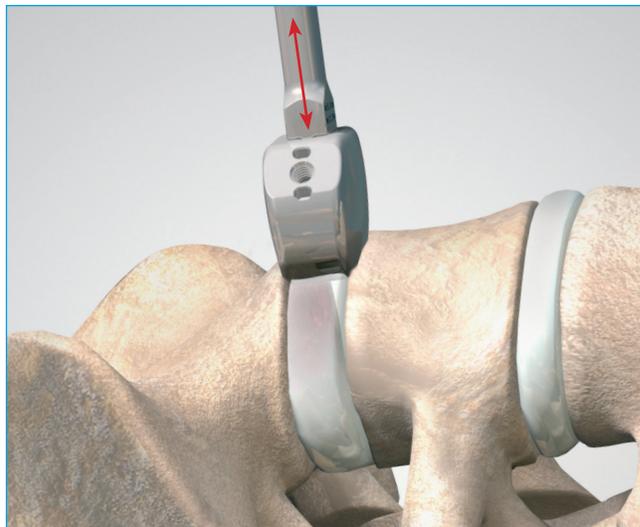


Fig. 5

5: IMPLANT SIZING

Select the appropriate sizer by footprint, height and lordotic angle, and attach it to the inserter. Ensure the prongs are fully seated and no threads are visible.

Be careful not to over-tighten.

Footprint, height, and lordotic angle measurements are clearly marked on the anterior face of the sizers.

Carefully impact the sizer into the disc space (**Fig. 5**). Check the correct fit of the sizer with the aid of fluoroscopy and palpation.

If the sizer is too loose or too tight, try the next larger/smaller size until a secure fit is achieved.

Remove the sizer from the prepared disc space and select the corresponding implant.

NOTE: Although over distraction of the disc space is to be avoided, the largest implant that can be safely implanted in the disc space is generally the optimal implant size. Maximizing the implant surface with the vertebral endplates and providing an appropriate amount of preload through disc space distraction will help to create a stable environment conducive to new bone formation.

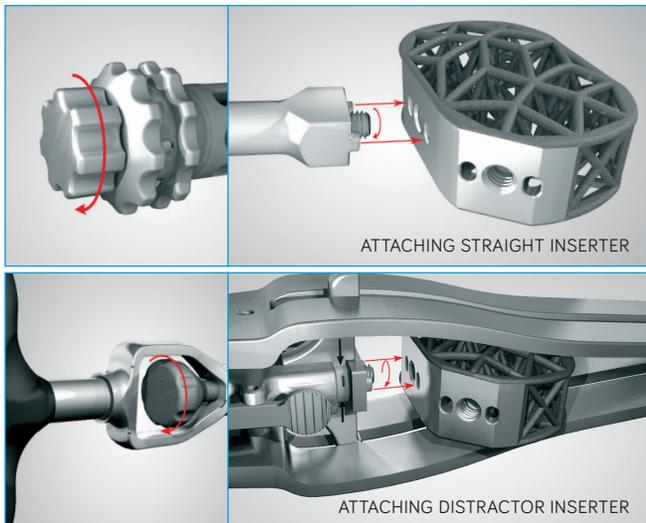


Fig. 6a

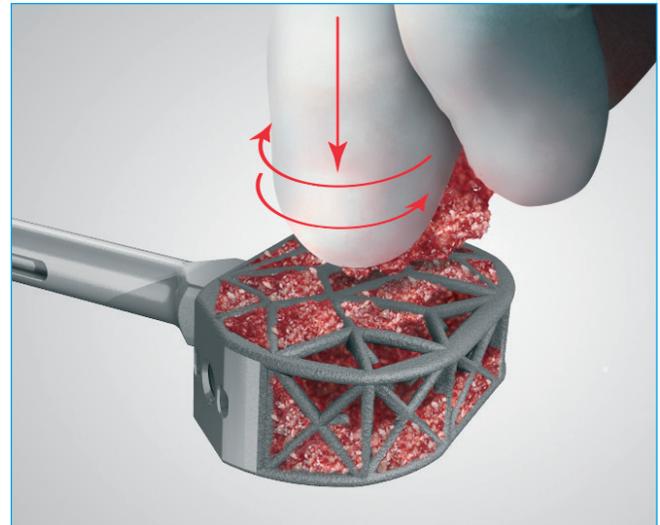


Fig. 6b

6: IMPLANT PREPARATION

Attaching Implant Inserter:

ASTS implants are provided in a sterile package. Select the implant that corresponds to the appropriate sizer. Open the implant package using proper sterile technique.

Attach the implant to the inserter (**Fig. 6a**). Ensure the prongs are fully seated and no threads are visible.

Be careful not to over-tighten.

Packing Implant:

Pack the implant with autologous and/or allogenic bone graft. For best results, cut or morselize the autologous bone into 1–2mm sized particles. Place the morselized bone into the top or bottom web structure (top and bottom are interchangeable). In a downward, circular motion, massage the bone particles into the implant (**Fig. 6b**).

Once packing has been completed through the top web structure, turn the implant over and repeat the placement of bone into the bottom web structure. Pack autologous bone into the implant as appropriate.

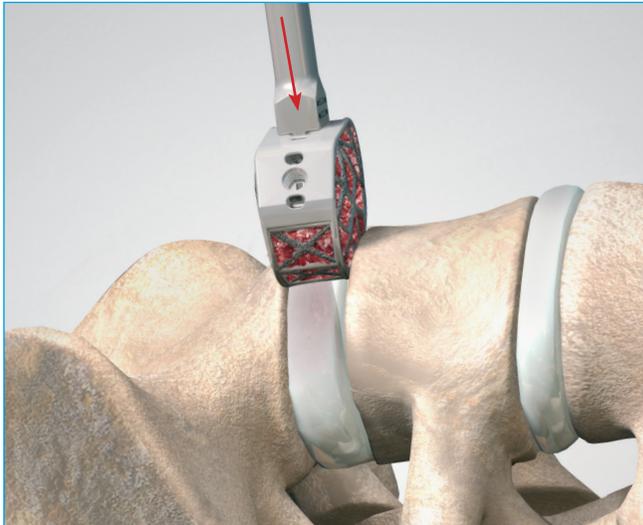


Fig. 7a

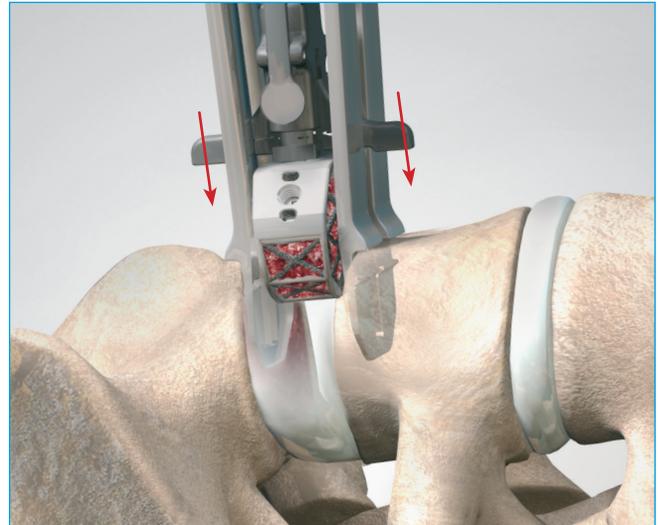


Fig. 7b

7: IMPLANT INSERTION

Introduce the implant into the prepared intervertebral space and tap it into place with a mallet (**Fig. 7a**). Confirm the proper placement of the implant using fluoroscopy.

Once the implant is in the proper position, disengage and remove the inserter.

Distractor Inserter:

Introduce the Distractor Inserter into the prepared intervertebral space (**Fig. 7b**). Gradually rotate the T-handle clockwise to advance the implant. The keel on the instrument can be adjusted to rest the implant at 0, 2, and 4mm recessed from the anterior margin. Confirm the proper placement of the implant using fluoroscopy.

Once the implant is in the proper position, disengage and remove the Distractor Inserter.

Implant Positioning:

If the implant needs to be positioned further into the prepared space, gently tap the implant with the tamp provided in the instrument tray.

Verify final placement of the implant with fluoroscopic imaging.

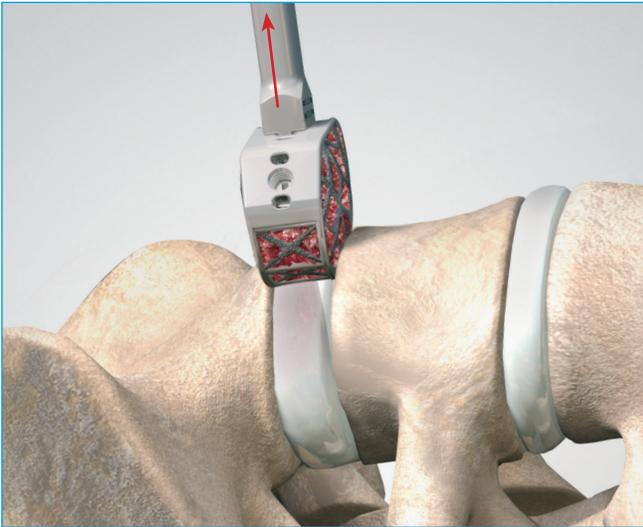


Fig. 8a

8: IMPLANT REMOVAL

If implant removal is required, the intervertebral space should be distracted in the same manner as for implant placement. Once distracted, the implant may be removed by using the insertion tool (**Fig. 8a**).

The implant should be disengaged from the superior and inferior endplates with the surgeon's preferred technique. The surgeon should apply slight back-pressure in order to remove the implant.

If greater force is required, use the slap hammer provided in the instrument tray to remove the implant (**Fig. 8b**).

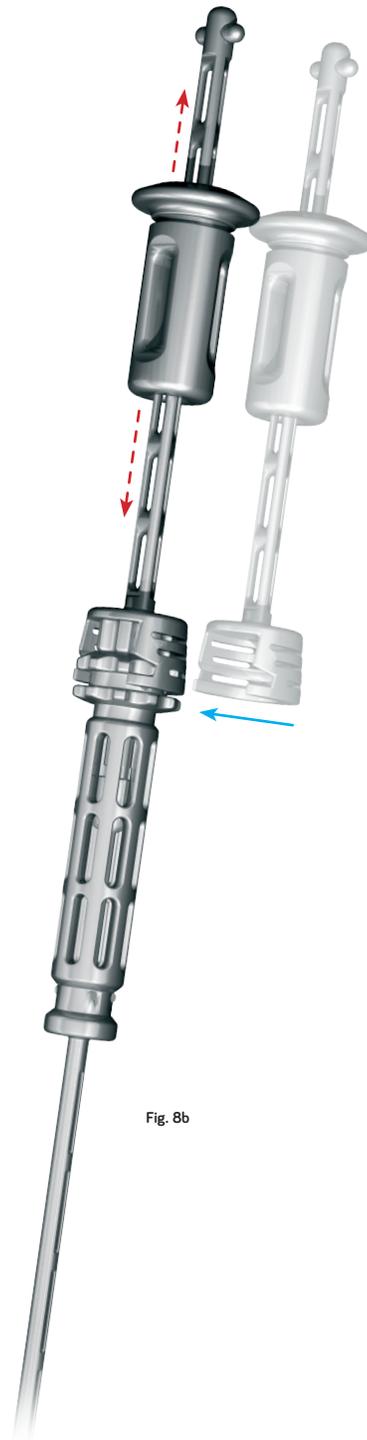
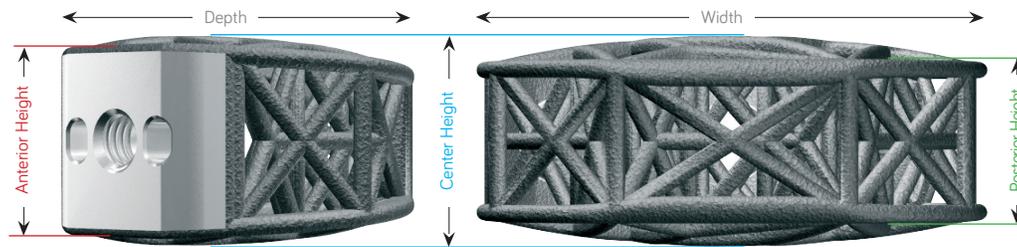


Fig. 8b

4WEB ANTERIOR SPINE TRUSS SYSTEM



ASTS IMPLANTS - 21 X 32mm (SM) - 6 DEGREE:

Part Number	Anterior Height (mm)	Center Height (mm)	Posterior Height (mm)	Graft Volume (cc)
ASTS-SM0608-SP	8.0	10.5	5.9	2.85
ASTS-SM0610-SP	10.0	12.5	7.9	3.83
ASTS-SM0612-SP	12.0	14.5	9.9	4.80
ASTS-SM0614-SP	14.0	16.5	11.9	5.77
ASTS-SM0616-SP	16.0	18.5	13.9	6.74

ASTS IMPLANTS - 21 X 32mm (SM) - 12 DEGREE:

Part Number	Anterior Height (mm)	Center Height (mm)	Posterior Height (mm)	Graft Volume (cc)
ASTS-SM1208-SP	8.0	9.4	3.8	2.33
ASTS-SM1210-SP	10.0	11.4	5.8	3.29
ASTS-SM1212-SP	12.0	13.4	7.8	4.26
ASTS-SM1214-SP	14.0	15.4	9.8	5.23
ASTS-SM1216-SP	16.0	17.4	11.8	6.20

ASTS IMPLANTS - 24 X 36mm (MD) - 6 DEGREE:

ASTS-MD0608-SP	8.0	10.8	5.6	4.10
ASTS-MD0610-SP	10.0	12.8	7.6	5.42
ASTS-MD0612-SP	12.0	14.8	9.6	6.72
ASTS-MD0614-SP	14.0	16.8	11.6	8.01
ASTS-MD0616-SP	16.0	18.8	13.6	9.31

ASTS IMPLANTS - 24 X 36mm (MD) - 12 DEGREE:

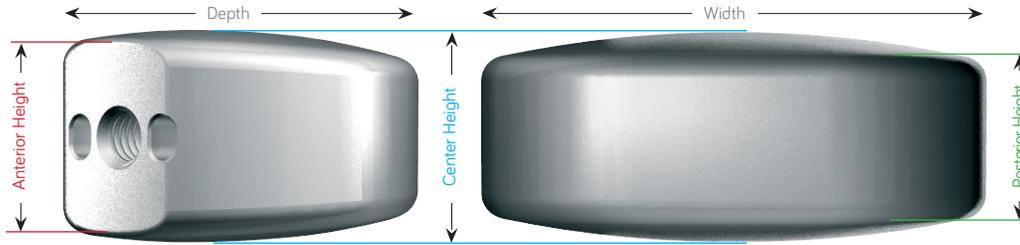
ASTS-MD1208-SP	8.0	9.5	3.2	3.31
ASTS-MD1210-SP	10.0	11.5	5.2	4.59
ASTS-MD1212-SP	12.0	13.5	7.2	5.89
ASTS-MD1214-SP	14.0	15.5	9.2	7.19
ASTS-MD1216-SP	16.0	17.5	11.2	8.49

ASTS IMPLANTS - 27 X 40mm (LG) - 6 DEGREE:

ASTS-LG0608-SP	8.0	11.0	5.3	5.56
ASTS-LG0610-SP	10.0	13.0	7.3	7.25
ASTS-LG0612-SP	12.0	15.0	9.3	8.92
ASTS-LG0614-SP	14.0	17.0	11.3	10.59
ASTS-LG0616-SP	16.0	19.0	13.3	12.26

ASTS IMPLANTS - 27 X 40mm (LG) - 12 DEGREE:

ASTS-LG1208-SP	8.0	9.7	2.6	4.39
ASTS-LG1210-SP	10.0	11.7	4.6	6.06
ASTS-LG1212-SP	12.0	13.7	6.6	7.72
ASTS-LG1214-SP	14.0	15.7	8.6	9.40
ASTS-LG1216-SP	16.0	17.7	10.6	11.06



ASTS SIZER (SM) - 21 X 32mm - 6 DEGREE:

Part Number	Size (mm)
ASTS-SM0608-S	8.0
ASTS-SM0610-S	10.0
ASTS-SM0612-S	12.0
ASTS-SM0614-S	14.0
ASTS-SM0616-S	16.0

ASTS SIZER (SM) - 21 X 32mm - 12 DEGREE:

Part Number	Size (mm)
ASTS-SM1208-S	8.0
ASTS-SM1210-S	10.0
ASTS-SM1212-S	12.0
ASTS-SM1214-S	14.0
ASTS-SM1216-S	16.0

ASTS SIZER (MD) - 24 X 36mm - 6 DEGREE:

ASTS-MD0608-S	8.0
ASTS-MD0610-S	10.0
ASTS-MD0612-S	12.0
ASTS-MD0614-S	14.0
ASTS-SM0616-S	16.0

ASTS SIZER (MD) - 24 X 36mm - 12 DEGREE:

ASTS-MD1208-S	8.0
ASTS-MD1210-S	10.0
ASTS-MD1212-S	12.0
ASTS-MD1214-S	14.0
ASTS-MD1216-S	16.0

ASTS SIZER (LG) - 27 X 40mm - 6 DEGREE:

ASTS-LG0608-S	8.0
ASTS-LG0610-S	10.0
ASTS-LG0612-S	12.0
ASTS-LG0614-S	14.0
ASTS-LG0616-S	16.0

ASTS SIZER (LG) - 27 X 40mm - 12 DEGREE:

ASTS-LG1208-S	8.0
ASTS-LG1210-S	10.0
ASTS-LG1212-S	12.0
ASTS-LG1214-S	14.0
ASTS-LG1216-S	16.0



#3 STRAIGHT RING CURETTE - ASTS-000105

#4 STRAIGHT RING CURETTE - ASTS-000106



#3 ANGLED RING CURETTE - ASTS-000100

#4 ANGLED RING CURETTE - ASTS-000101



3/4 Inch (0.75") COBB ELEVATOR - ASTS-000700

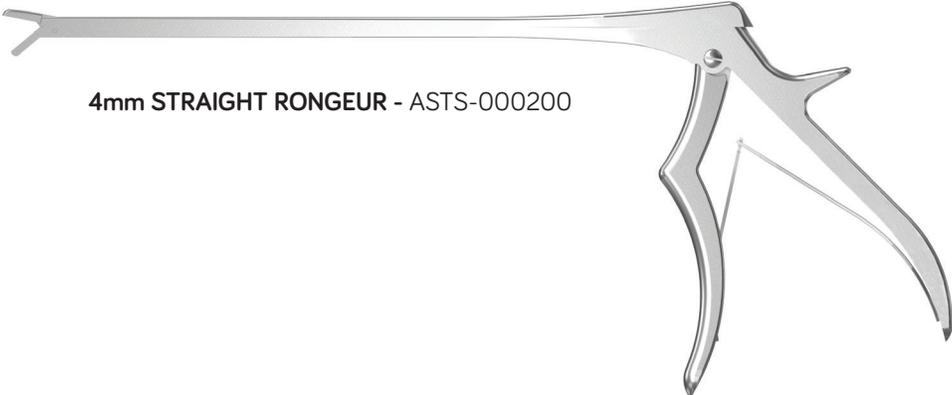
1 Inch (1.0") COBB ELEVATOR - ASTS-000701



STRAIGHT TAMP - ASTS-000020



SINGLE-SIDED STRAIGHT RASP - ASTS-000401



4mm STRAIGHT RONGEUR - ASTS-000200



4mm UP RONGEUR - ASTS-000201



4mm KERRISON RONGEUR - ASTS-000206



12mm DOUBLE ACTION RONGEUR - ASTS-000202



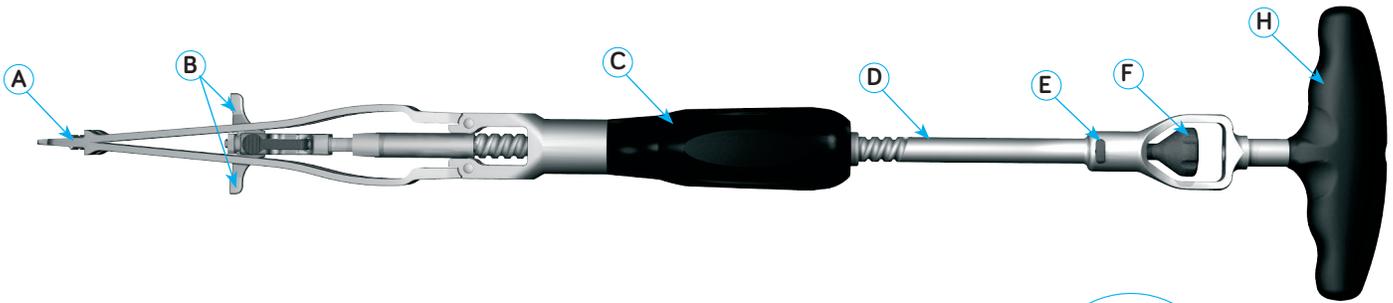
DISTRACTOR INSERTER - ASTS-000004



STRAIGHT INSERTER - ASTS-000007



SLAP HAMMER - ASTS-000050



The Distractor Inserter is comprised of the following parts:

- A) Shims
- B) Keel
- C) Inserter body
- D) Threaded shaft
- E) Threaded shaft quick-release button
- F) Implant locking knob
- G) Inner shaft
- H) T-handle

Instrument Disassembly:

1. Press the quick-release button (E) located below the implant locking knob (Fig. 10) and pull the knob towards the T-handle to release and remove the locking knob from the inner shaft (Fig. 11).
2. Manually feed the inner shaft (G) through the cannulated T-handle out the proximal end of the instrument (Fig. 12).
3. Remove the keel (B) from the distal end of the threaded shaft by splaying the shims (Fig. 13).

Instrument Reassembly:

To reassemble follow the disassembly instructions in reverse order.



Fig. 10

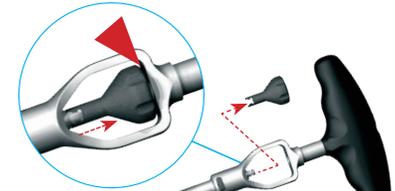


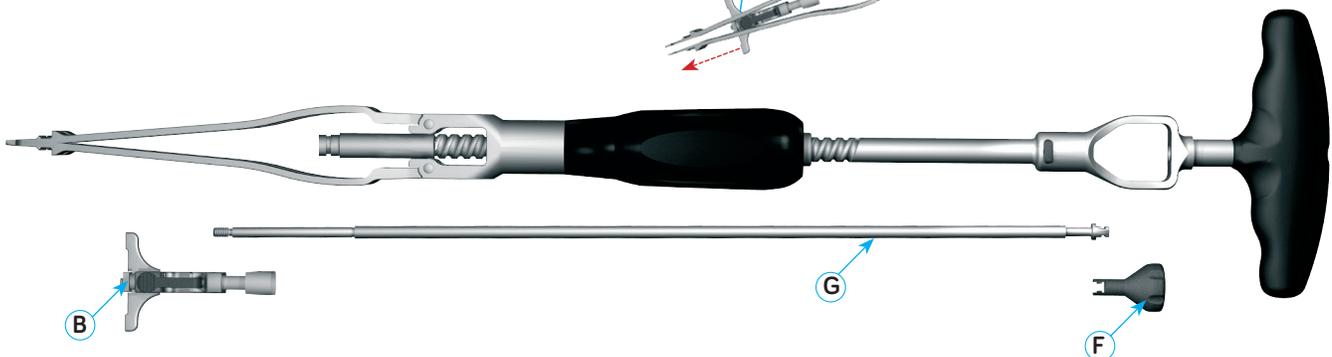
Fig. 11



Fig. 12



Fig. 13



4WEB ANTERIOR SPINE TRUSS SYSTEM

Indications For Use:

The Anterior Spine Truss System (ASTS) Interbody Fusion Device is indicated for use in skeletally mature patients with Degenerative Disc Disease (DDD) at one or two contiguous levels from L2-S1. DDD is defined as discogenic back pain with degeneration of the disc confirmed by patient history and radiographic studies. Patients should have received 6 months of non-operative treatment prior to treatment with the devices. The device must be used with supplemental fixation and must be used with autograft and/or allogenic bone graft comprised of cancellous and/or corticocancellous bone graft. These DDD patients may also have up to Grade I spondylolisthesis or retrolisthesis at the involved level(s).

Contraindications:

The ASTS Interbody Fusion Device should not be implanted in patients with:

- An active infection at the operative site or other active systemic infections
- Tumor involvement at the operative site
- Prior fusion at the level(s) to be treated
- Known sensitivity to the material

Warnings And Precautions:

Safety and effectiveness have not been established in the following conditions:

- Gross obesity
- Three or more levels to be fused
- Symptomatic cardiac disease
- Pregnancy
- Previous fusion attempts at the involved level(s)
- Spondylolisthesis or retrolisthesis greater than Grade I
- Significant loss of bone stock as seen with osteoporosis or osteomalacia
- Conditions requiring chronic corticosteroid use
- Active drug abuse

The ASTS Interbody Fusion Device is for single use only.

Bending or fracture of the implants or instruments can occur if not handled properly.

All sizers and instrumentation are provided non-sterile and must be steam sterilized prior to use.

No implant should be reused if it has come in contact with blood or other bodily fluids.

All implants, sizers and instrumentation should be inspected prior to use for possible damage or defects. Any damaged or defective component should not be used and should be returned to 4WEB.

Interbody fusion devices are intended to provide mechanical support while biologic fusion occurs. In the event of pseudoarthrosis or delayed fusion, the risk of implant migration, loosening or breakage increases. The physician/surgeon should consider the levels of implantation, patient weight, patient activity level, other patient conditions, etc. which may impact the performance of the system.

Only surgeons trained in lumbar spine fusion procedures should implant this device.

Operative Precautions:

The surgeon is to be thoroughly familiar with the ASTS Interbody Fusion Device, methods of application, instruments and surgical technique. The ASTS Interbody Fusion Device should be implanted singly. Correct positioning of the ASTS Interbody Fusion Device relative to the vertebrae should be checked intraoperatively with x-ray. The size (and more particularly the height) of the ASTS Interbody Fusion Device must be chosen on the basis of the patient's anatomy and desired correction.

Each ASTS Interbody Fusion Device is to be filled with autograft and/or allograft bone to promote bone fusion (See Surgical Technique Manual for complete details). The implants are for single-implant use only. An explanted implant must never be re-implanted. Stresses and fracture, even though not noticeable by visual inspection, may have been created during initial implantation.

Following implantation, the product number and manufacturing lot number of the device that has been implanted must be reported in the patient's surgical file.

Potential Adverse Events:

Potential adverse events may be related to surgery in general, spine surgery specifically or the device. These may include, but are not limited to the following:

- Adverse events related to any surgery: reactions to anesthesia, the anesthetic or other medications; bleeding; infection; ileus; blood vessel damage; nerve or soft tissue damage; atelectasis; pneumonia; hematoma; seroma; wound dehiscence or

incisional hernia; urologic problems; embolism; anemia; colitis; thrombophlebitis; heart attack; stroke; or death.

- Adverse events related specifically to spine surgery: dural tear and CSF leak; nerve damage leading to radiculopathy, myelopathy, paraparesis, paresthesia or paralysis; meningitis; vertebral body damage or fracture; ligament damage; fractured sacrum; or retrograde ejaculation.
- Adverse events related to the device: implant crack or fracture, failure to achieve fusion, implant migration, dislodgement, or metal sensitivity to a foreign body, including possible tumor formation. Additional surgery may be necessary for implant removal, repositioning or replacement. Additional stabilization at the implanted level or surgery at another disc level may be necessary if non-union or anatomic change at an adjacent level develops.

Postoperative Care:

The physician's postoperative directions and warnings to the patient and the corresponding patient compliance are extremely important.

- Detailed instructions on the use and limitations of the device must be given to the patient. The patient must be warned that loosening, and / or breakage of the device(s) are complications which may occur as result of early or excessive weight-bearing, muscular activity or sudden jolts or shock to the spine.
- The patient must be advised not to smoke or consume alcohol during period of the bone fusion process.
- The patient must be advised of the inability to bend at the point of spinal fusion and taught to compensate for this permanent physical restriction in body motion.
- It is critical that immobilization of union is established and confirmed by roentgenographic examination. If a non-union develops or if the components loosen, migrate, and / or break, the devices must be revised and / or removed immediately before serious injury occurs.
- Any retrieved devices are not to be used in another surgical procedure.

MRI Safety Information:

Non-clinical testing has demonstrated the ASTS Interbody Fusion Device is MR Conditional. A patient with this device can be safely scanned in an MR system meeting the following conditions:

- Static magnetic field of 3 T or 1.5 T
- Maximum spatial field gradient of 1900 gauss/cm (19 T/m)
- Maximum MR system reported, whole body averaged specific absorption rate (SAR) of ≤ 2 W/kg (Normal Operating Mode)

Under the scan conditions defined above, non-clinical testing results indicate the ASTS Interbody Fusion Device produces a maximum temperature rise of no more than 5.0°C after 15 minutes of continuous scanning.

In non-clinical testing, the image artifact caused by the device extends approximately 28mm from the ASTS Interbody Fusion Device when imaged with a gradient echo pulse sequence and a 3 T MR system.

Packaging:

ASTS Interbody Fusion Device is provided sterile and is clearly labeled as such in an unopened sterile package provided by 4WEB. The contents are considered sterile unless the package is damaged, opened, or the expiration date on the device label has passed. The integrity of the packaging should be checked to ensure that the sterility of the contents is not compromised.

Implants supplied sterilized from 4WEB must not be re-sterilized.

ASTS ancillary instrumentation is provided non-sterile and is supplied in a tray that is used for steam sterilization prior to use in the operating room. In the case of instrument restock, individual items will be sent in a plastic bag, labeled for that device.

Storage conditions must maintain the integrity of the implants, associated ancillary instruments and their respective packaging. The condition of all implants and instruments must be checked before use. Damaged products must not be used and should be returned to 4WEB.

SEE INSTRUCTIONS FOR USE (OUS-IFU-ASTS-03) FOR CLEANING AND STERILIZATION



4WEB MEDICAL

2801 Network Blvd, Suite 620

Frisco, TX USA 75034

+1 (800) 285-7090 | 4WEBMEDICAL.com

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